

# Abnormal Spectroscopy Scans May Presage Persistent or Progressive Cervical Dysplasia

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# Clinical Challenge of persistent HPV infection

- Usual diagnosis CIN1-Cytologic and Histologic
- Prognosis:
  - Most regress (60% to 80% depending on patient's age)
  - Some (about 10% to 20%) persist from year to year causing multiple call backs and interventions
  - Some (about 10% to 20%) progress to CIN2/3
- Impact on patient
  - Stressful
  - If persistent, increases chances of overtreatment

# Current Status of Prognostic Indicators

- Currently no known test can reliably predict progression of CIN1 to more severe disease (CIN2/3)
- Evidence from small studies indicates that *negative* immuno-histochemical staining for tests that assess cell kinetics may be associated with spontaneous regression of CIN1 lesions
  - P-16\*
  - Ki – 67\*\*

\*del Pino M, Garcia S, Fusté V, et al. Value of p16<sup>INK4a</sup> as a marker of progression/regression in cervical intraepithelial neoplasia grade 1. Am J Obstet Gynecol 2009;201:488.e1-7.

\*\*Arnold-Jan K, Janssen E, Bol M et al. Low- and high-risk CIN 1 and 2 lesions: prospective predictive value of grade, HPV, and Ki-67 immuno-quantitative variables. Journal of Pathology 2003;199:4,462–470.

# Multimodal Cervical Spectroscopy as a Method for Cervical Neoplasia Detection

- Biochemistry: Fluorescence 300-500 nm excitation
  - NADH, FAD, Tryptophan
  - Collagen, Elastin
  - Porphyrin
- Morphology: Reflectance 350-900 nm
  - Increase in Nuclear/Cytoplasmic ratio
  - Hyperchromasia
  - Loss of cellular differentiation
  - Angiogenesis

# LuViva<sup>®</sup> Advanced Cervical Scan

- Measures fluorescence and reflectance spectra
- Easy to operate with touch screen interface
- Single use disposable, Cervical Guide (CG)
- Provides an immediate result
- Developed by Guided Therapeutics, Inc. Norcross, Georgia, USA



# LuViva<sup>®</sup> Cervical Guide



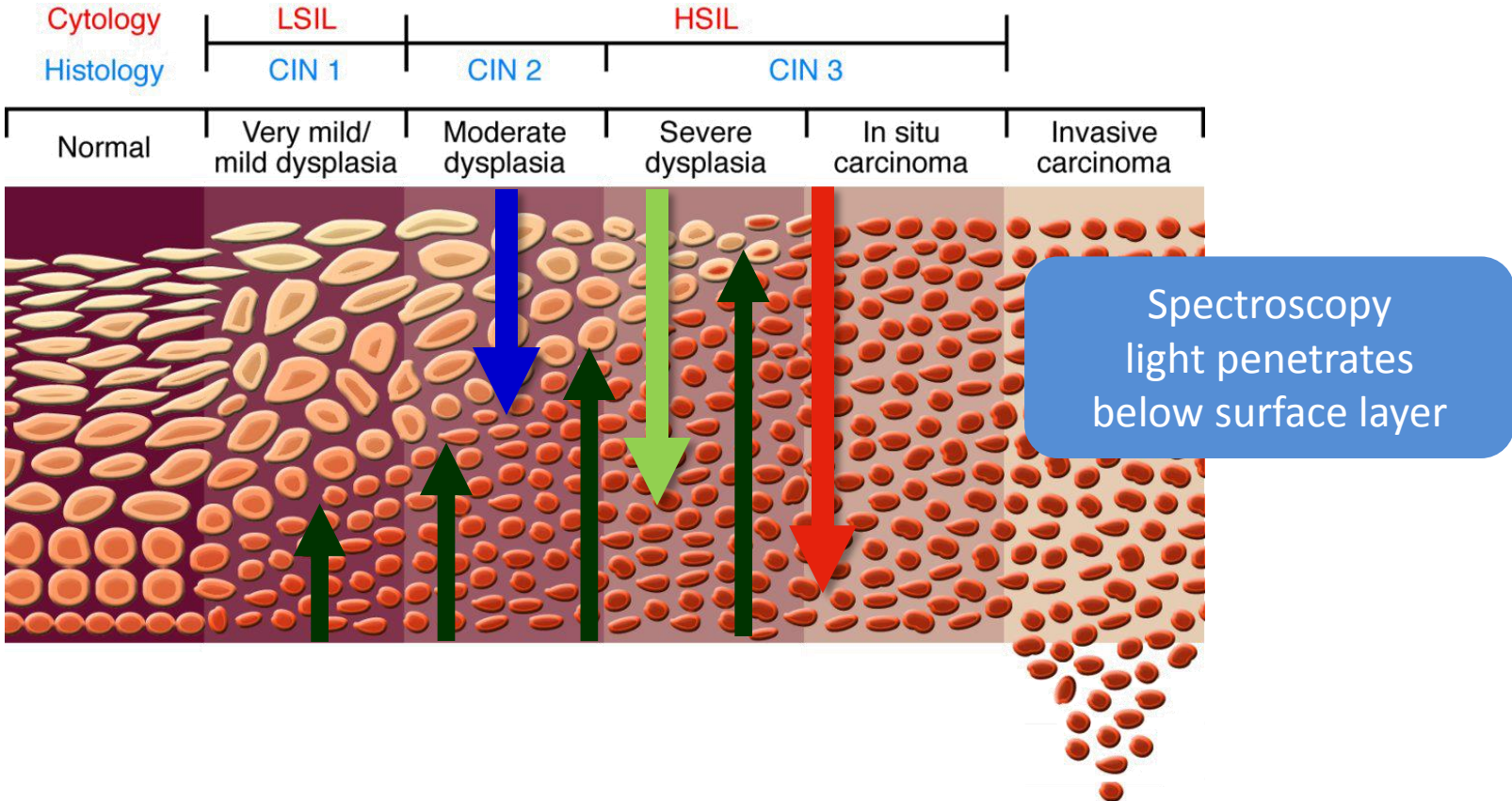
- **Single-use patient interface**
- **Attaches to Handheld Unit**
- **Calibrates spectrograph prior to each test**
- **Maintains optical distance and blocks ambient light**
- **RFID Chip assures patient protection by prohibiting use on next patient**

# Scan Procedure

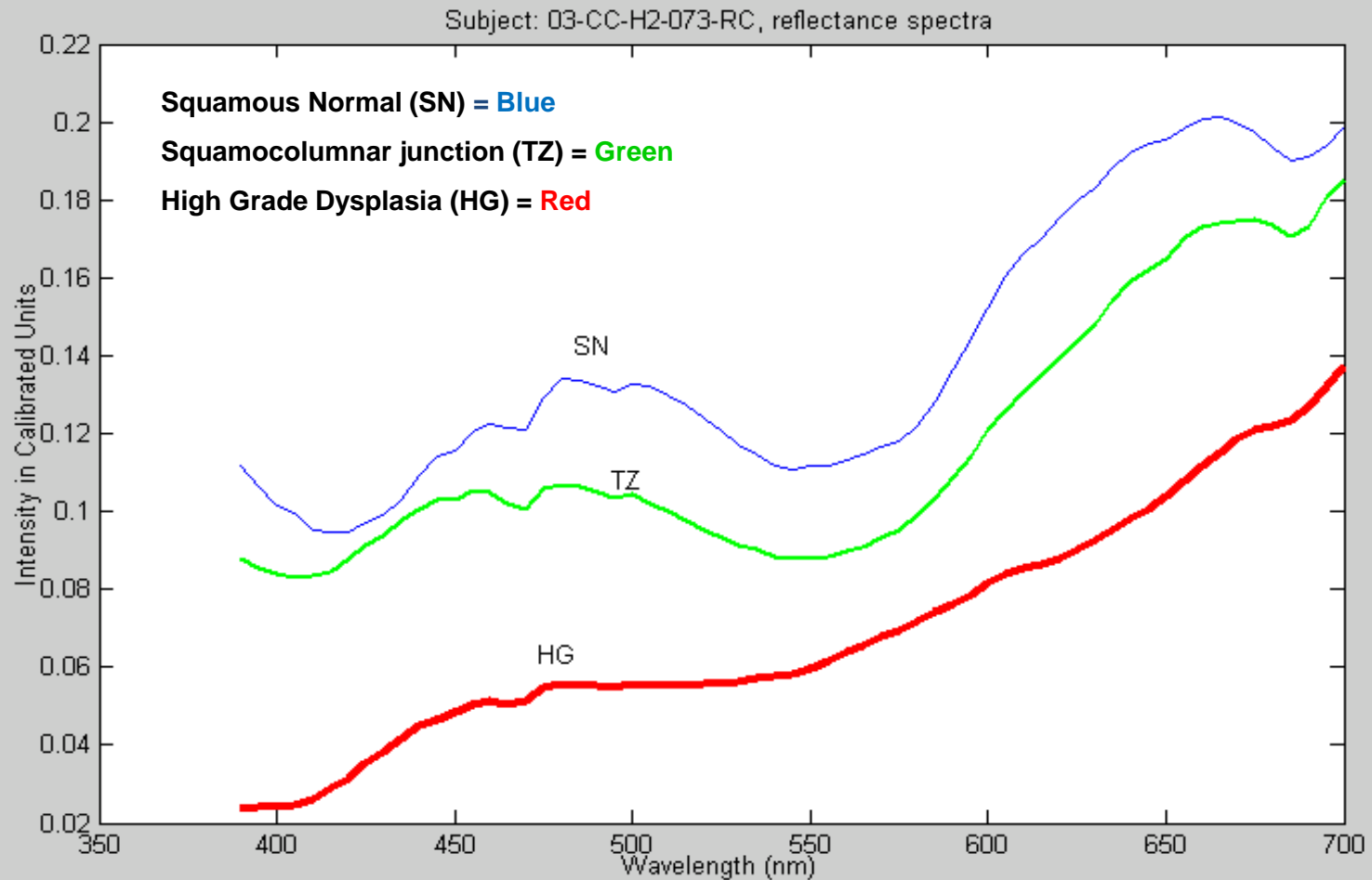
- Activate calibration and internal quality checks
- Prep subject for gynecological exam
  - Remove excessive blood or mucus, nothing is applied
- Using real-time video imaging, insert CG through speculum until contact is made with cervix
- Initiate scan
  - Capture video image
  - Collect spectral data
  - Capture second video image to make sure os is still visible and centered
- Withdraw and dispose CG
- Results displayed on monitor immediately after scan completed
- Entire process takes a few minutes



# Precursors to Invasive Cervical Cancer



# Spectral Output of Cervical Tissue



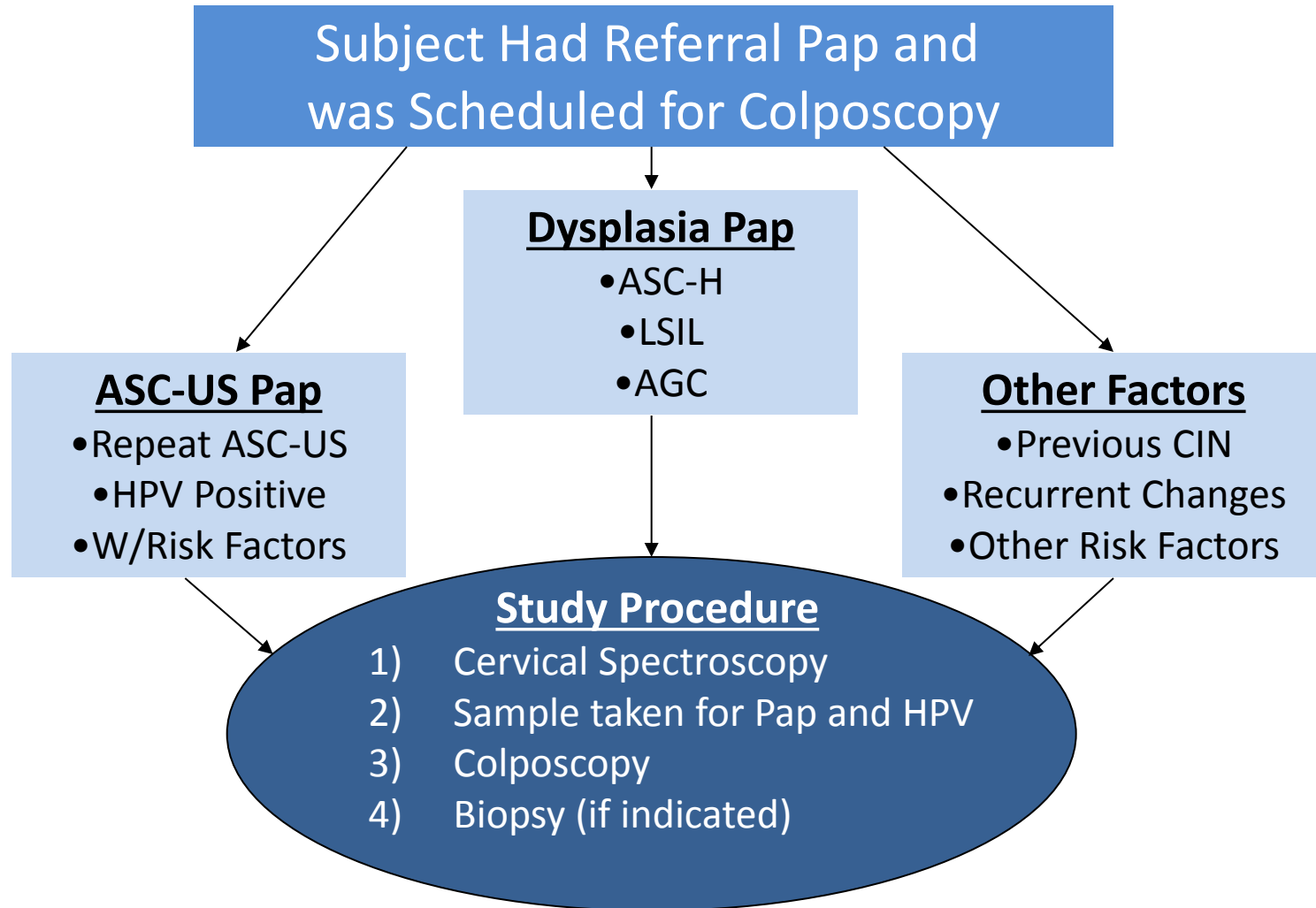
# US Pivotal Study

- 1607 total enrolled to study effectiveness of cervical spectroscopy in triaging women referred to colposcopy based on abnormal Pap/HPV
- 195 excluded (mostly training cases or women with discordant or insufficient histopathology)
- 1447 analyzed for sensitivity and specificity
- Study published in Gynecologic Oncology, April 2013

# Pivotal Study Design

- Each subject served as own control
- Referral Pap/HPV or other risk factor to qualify for study
- Day of study, each subject had endocervical samples taken for Pap and HPV, followed by colposcopy and biopsy
- Histology QA procedure used to reach diagnosis for each subject
- Follow up data (two year) collected if available
- 804 returned for follow up, 243 had biopsies

# Study Design Flow Chart



# Dysplasia Progression Study Subgroup

804 women returned for follow up per management guidelines:

- *222\* women with abnormal screening tests leading to colposcopy and biopsy on the day of cervical spectroscopy scan*
- Consensus pathology results-222 pts :
  - **89 with CIN1**
  - **46 free of CIN1, 2 or 3 (normal)**
  - 87 with CIN2/3 (treated and therefore not included in analysis of disease progression)

\*21 cases excluded from analysis because they were either training cases (n = 10), did not produce a consensus histopathology result from the day of the MHS study (n = 9) or did not produce acceptable spectral data (n = 2).

# Progression Study Subject Histopathology by Age

Age	Normal	CIN1	Total Studied
16-20	4	13	17
21-30	12	26	38
31-over	30	50	80
<b>TOTAL</b>			<b>135</b>

# Chi Square Results

**Table 1.** Chi-square table for women with CIN1 histology at initial visit (p = 0.012)

Follow-up Histology	% Abnormal Initial Spectroscopy Scans
Normal	62.1 (18/29)
CIN1	<u>86.0 (37/43)</u>
CIN2+	<u>94.1 (16/17)</u>

**Table 2.** Chi-square table for women with Normal histology at initial visit (p = not significant)

Follow-up Histology	% Abnormal Initial Spectroscopy Scans
Normal	65.4 (17/26)
CIN1	35.7 (5/14)
CIN2+	<b>83.3 (5/6)</b>

**Note:** Overall percentage of abnormal scans from referred population is about 60%



# Explanation of Chi Square Results

- Women with CIN1 on the day of their cervical spectroscopy scan were significantly more likely to progress to CIN2/3 within two years if their spectroscopy scan was abnormal
- Women without dysplasia on the day of their cervical spectroscopy scan were not significantly more likely to progress to CIN1/CIN2/CIN3 within two years if their spectroscopy scan was abnormal
- Overall, 21 of 23 women (91.3%) with abnormal spectroscopy scans having either CIN1 or no dysplasia on the day of their scan were found to progress to CIN2/3 during two year follow up
- In contrast, only about 60% of spectroscopy scans were found to be abnormal for women who did not progress to CIN2/3 (similar to referred population at large)

# Study Caveats

- Some CIN2/3 may have been missed by colposcopically directed biopsy on the day of the spectroscopic scan and therefore do not represent progression
- Study population was small
- Unable to assess whether women with CIN2 progressed to CIN3 because CIN2 was treated

# Conclusions

- Cervical spectroscopy is a simple to use test that gives immediate feedback regarding the metabolic and structural changes relating to cervical neoplasia
- Pending confirmatory studies, the existing triage use for cervical spectroscopy as an indicator of whether colposcopy is needed may be supplemented to include its use as a potential prognostic test

Thank You